

*Essential Oils
Methods of Delivery*



Inhalation

Nose

Lungs

Brain/Limbic System

Hormonal & Neural

Chemical release

Heart

Reproductive Organs

Blood Stream

Blood, Tissues & Organs

Elimination: Skin-Kidneys-Bladder-Lungs



Topical

Skin

Muscle

Small Intestine

Joints

Large Intestine

Liver & Pancreas